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**TERMINATOR**  
FOUNDATION

ANNUAL REPORT

2022

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# ABOUT TERMINATOR

Terminator's inception is rooted in understanding the profound challenges individuals face with mental health and addiction. Terminator set forth to create a revolutionary approach, to champion individuals battling addiction and mental health issues using our ABRT (Activity-based Recovery Therapy) program!

We believe YOU ARE CAPABLE, even when you don't believe yourself. We believe engaging your body, challenging your physical strength and endurance, ignites your brain to achieve what was once thought impossible. We believe you can recover no matter your situation. Whether that's overcoming your addiction for the first time ever- or maybe you've tried multiple times before and keep slipping- or maybe you just want more out of your life and your recovery -We believe you can have it!

We know our ABRT Program can take you there. Beyond your current situation, beyond what you currently believe about yourself and your abilities. Beyond your addiction, beyond your mental health challenges, the anxiety, the depression, that tape that plays repeatedly in your head that says this is as far as you'll ever go- that says recovery won't happen for you, that you don't have what it takes. I'm here to tell you right now – that's a lie. And we can prove it.

**Why Terminator?** Because you are WORTH IT.  
The Truth is you can recover

## LETTER FROM THE CEO



It is a great privilege and honor to be writing this letter. It's Terminator's first AGM celebration, and annual report for 2022. What an incredible year it's been! Terminator Foundation has grown in every single capacity as an organization this past year financially, operationally, and regulatorily. Our participation numbers have tripled from years past and we have been able to support a 74% completion rate through our Activity-Based Recovery Therapy Program here in Alberta! We are saving lives. There is no greater responsibility in this life than to know and understand that you have the power to

change the trajectory of another human's life. And we get to do this work every day. I did not get into this line of work to be the CEO. I never imagined starting an organization at all. What I did imagine, what I did sign up for, was doing everything I could to save my daughter's life from addiction and homelessness. Today, Terminator Foundation is built on the belief that our sons and daughters can recover. As we continue to grow and evolve as a pioneer of a new era, where individuals triumph over addiction and mental health, we will steadfastly hold onto our core belief for all our sons and daughters that freedom from addiction is possible.

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# VALUES

## **Leadership & Mentorship**

In the spirit of guiding others, we step forward with determination and integrity, empowering everyone involved with the Terminator Foundation. We believe in leading by example and nurturing the potential of each individual

## **Innovation & Passion**

Our commitment is to constantly learn and evolve, introducing groundbreaking practices led by our mission. Our zeal for what we do fuels our drive to make a lasting impact in the realm of mental health, trauma, and addiction recovery.

## **Open-Mindedness & Responsibility**

Approaching challenges with an open heart and mind, we embrace diverse perspectives and solutions. We are devoted to our cause, recognizing the responsibility we hold to ourselves, our community, and those we serve.

## **Transparency & Integrity**

Trust is the cornerstone of our foundation. Through clear communication and openness, we strive to foster public support. Upholding the highest ethical standards, we remain accountable in every facet of our work.

# VISION

To bring unyielding belief and relentless hope to every individual in the world impacted by addiction using our Activity Based Recovery Therapy Program.

# MISSION

To believe in others until they believe in themselves. We champion individuals struggling with addiction and mental health to triumph! Through our rigorous and innovative Activity-Based Recovery Therapy Program individuals' lives are revolutionized and transformed.

# OUR 10 PRINCIPLES

1. Our business is to change lives. That's our job every day.
  2. We champion the underdog. Addiction is relentless, but so are we. We assume ALL our athletes can and will 'make it'.
  3. We never give up, never quit, never stop believing.
  4. Athletics is the force that harnesses the power to transform the mind
  5. It's going to be messy
  6. Manage your decisions
  7. Take good care of yourself, so you can take good care of others
  8. Dangers
    - o Pride/Ego
    - o Energy takers vs. energy givers
    - o Victim mentality
    - o Know your personal limits - when you're tapped out, tap out
  9. Keep doing the next right thing
  10. We are a charity, but we're going to run it like a business
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# GENESIS OF TERMINATOR

WHY IT ALL STARTED HERE

The first run took place in 2015 with the intention to shine a light on a taboo and progressing issue; youth addiction & mental health. An issue no one wanted to discuss and no parent wanted to admit they had.

With fierce determination, Vanisha Breault chose to shine that light on herself and her family's struggle. She openly spoke about the impact, shame, and isolation that she and her family experienced due to her then teenage daughter's drug addiction with fentanyl, meth, and heroin.

Vanisha's sole purpose for the run for youth addiction was to raise awareness, inspire change, and encourage families and loved ones who were burdened with this issue to have hope and know that they were not alone. Today, The Terminator Foundation's mission is to harness the transformative power of activity-based therapy and shatter perceived limits. By nurturing self-efficacy and self-actualization, we kindle a flame of hope, eradicating despair and igniting unyielding belief. Every day, we inspire a resolute commitment to choosing the path of mental health and addiction recovery, forging a lasting journey of profound healing and wholeness.



At the heart of every journey lies a catalyst, a spark that ignites the path toward healing and transformation. For Vanisha Breault, the catalyst would be found in the depths of despair. Two years after the inaugural Terminator Run, Vanisha's daughter Eden, the reason for the run's inception, was still on the streets battling with addiction. This was a dark time for Vanisha, marked by depression, anxiety, and mourning, as she mentally tried to prepare herself for the day she would have to bury her child. In the midst of

this darkness, a glimmer of hope emerged unexpectedly. Vanisha, driven by an indomitable spirit, decided to embark on a monumental journey—an Ironman 70.3. With having only 3.5 months lead time till the event, and despite not knowing how to swim, lacking a bike, and armed only with her running shoes, she began training.

**"IF THEY'RE ABOVE GROUND, THERE'S HOPE"**  
- VANISHA BREAULT

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# THE TRUTH IS **YOU CAN RECOVER.**

July 24, 2016 — the day of her first 70.3 Ironman. The experience was nothing short of transformative! It breathed life into her weary soul, rejuvenating her spirit and became the catalyst of a new unyielding belief in herself. As the fall of 2016 approached, Vanisha realized she had a calling to share this revolutionary experience with others. It was during this time that she laid the foundation for what would



soon become the Terminator Foundation. Driven by the desire to extend her help to anyone who has been through what she had, she envisioned a community built on support, empowerment, hope, and recovery.

In January 2017, Vanisha turned to social media, passionately calling out to those grappling with drug and alcohol addiction. She invited them to join her in training, providing an avenue for healing through physical activity, specifically the three parts of an Ironman running, swimming, and biking. It was during this time, that Eden chose to attempt recovery one more time, becoming one of the first Athletes of the Terminator Program by running her first triathlon. Her journey took a transformative turn, and she has remained sober ever since — an awe inspiring testament to the strength and power of

the human spirit. Through their shared experiences, Vanisha, Eden, and the many others who have been a part of our journey, became living proof that healing is possible. Their stories intertwined with the genesis of the Terminator Foundation, stand as a testament to the boundless power of will and determination (and a little exercise). Terminator's mission has always been to believe in others until they believe in themselves. The heart of Terminator is to champion people battling addiction, harnessing the power of high-intensity body movement as therapy. Through using our rigorous, Activity-Based Recovery Therapy model, our participants experience profound and unwavering belief in themselves. Terminator provides individuals the opportunity to reclaim their lives, and embark on a path of personal growth, resilience, and triumph.



# OUR COHORT STATS

## ATHLETE DEMOGRAPHICS

2022 - 2023

**37%**  
FEMALE

**63%**  
MALE

**18-65**  
AGE RANGE

## PRIMARY PROPORTED ADDICTION

2022 - 2023



## PRIOR ATHLETIC EXPERIENCE

2022 - 2023



**56%**

Of athletes did not own any equipment, including a swim suit, properly fitting running shoes or bike shorts



Of those who reported major health concerns completed the program



Had never participated in a triathlon before

**9 IN 10**



REPORTED CONCURRENT MENTAL HEALTH ISSUES

**9 IN 10**



REPORTED FAMILY HISTORY OF ADDICTION

**6 IN 10**



ATTEMPTED SUICIDE PRIOR TO THE PROGRAM

# OUR ABRT PROGRAM

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This intensive 12 week program is a commitment to yourself and your own wellbeing. It will require dedication and full effort. As your journey progresses, you'll realize just how unstoppable you truly are on the road to recovery. We encourage people who are at risk for addiction or who are currently struggling with substance use as well as those in recovery. You do not need to be an athlete, or have any prior athletic experience. Beginners are welcome.

## Eligibility:

- Anyone seeking a substance-free life
- Those who are at risk for addiction
- Those currently in recovery
- Those struggling with a substance use disorder

All individuals 16 years of age and older may apply.

Training For All Levels	Professional Trainers	Support Group Meetings	One on One Connections
Recovery Check ins	Recovery Coaches & Counsellors	Peer Support	Hybrid Sessions

## THE NEED FOR ABRT: UNDERSTANDING THE PROBLEM

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### The Depth of the Challenge:

- Across Canada and indeed the world, the struggles of mental health, trauma, and addiction are not hidden. Every year, countless individuals grapple with these challenges, often facing them in silence or without adequate support. This isn't just about numbers, but about real lives, families, and communities that are affected.

### Mental Health Stigma:

- Despite advancements in awareness, a significant stigma surrounding mental health persists. Individuals often avoid seeking help due to fear of judgment or misunderstanding, further deepening their isolation and intensifying their struggles.

### Conventional Approaches Falling Short:

- Traditional recovery methods, while beneficial for some, don't resonate with everyone. One-size-fits-all solutions often fall short in addressing the unique intricacies and complexities of each individual's journey through recovery.

### Need for Holistic Healing:

- There's a growing understanding that healing isn't just about addressing the mind. Physical health is deeply intertwined with mental well-being. There is a need for more holistic approaches that nurture both the body and mind.

### The Disconnect in Community:

- For those in recovery, a supportive community can make a world of difference. Yet, many find themselves feeling disconnected, lacking spaces where they can connect with others who truly understand their journey.

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# RESEARCH & INNOVATION IN RECOVERY

Enter the Terminator Foundation's Activity-Based Recovery Therapy (ABRT) program. Traditional approaches to recovery therapy are evolving, and ABRT is at the forefront of this transformation. *ABRT isn't just a program; it's a revolution in recovery.*

## Holistic Recovery:

- ABRT understands that the path to mental wellness is a journey of the whole self. By engaging in physical activity, individuals not only build physical strength but also cultivate mental resilience, self-belief, and a renewed sense of purpose.

## Building Community:

- Beyond just therapy, ABRT fosters a strong sense of community. Participants train together, heal together, and support each other, creating a space of mutual understanding and encouragement.

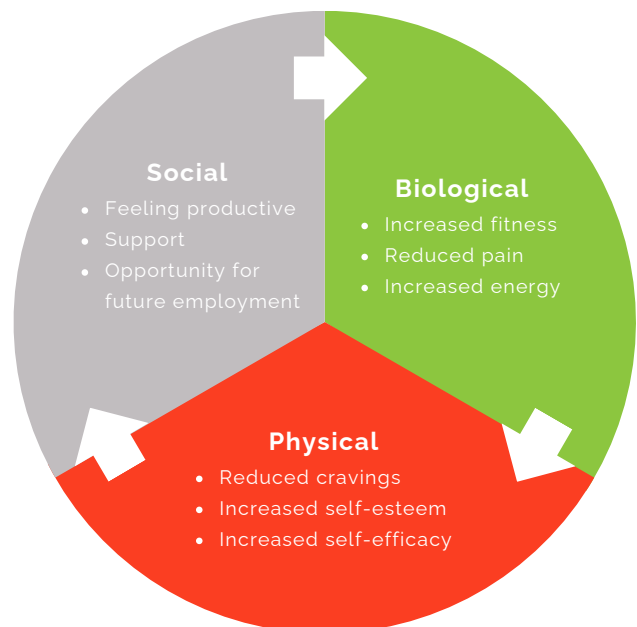
## Empowering the Individual:

- ABRT isn't about temporary fixes but about empowering individuals with the tools, strength, and community they need for sustainable recovery. Participants not only face their challenges head-on but also learn to channel them into powerful, positive physical feats, ultimately reclaiming their lives.

As we move forward, the need for such innovative, holistic, and community-centered approaches like ABRT only grows clearer. Together, we can redefine the narrative around mental health, trauma, and addiction, creating a future where everyone has the support and tools they need to thrive.

## Why Exercise is Important for Recovery

- **Combats Hopelessness:** Exercise renews a sense of purpose.
- **Reduces Withdrawal and Relapse:** Alleviates early recovery symptoms and lowers the risk of relapse.
- **Curbs Cravings:** Helps fight the urge to use alcohol/drugs, boosts dopamine, and reduces anxiety.
- **Strengthens the Brain:** Modifies neural pathways affecting mood, aggression, and attention.
- **Boosts Mental Health:** Counteracts anxiety/depression and improves overall outlook.
- **Teaches Self-Regulation:** Provides structure that requires self-control, focus, and discipline.



"The things that participants [of this research study] reported liking and experiencing as a result of the fitness involvement [in their recovery treatment program] fall into three broad domains."<sup>1</sup>

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1. "Getting Work While Working out: The Potential Benefits of a Vocational Fitness Program Added to Residential Sud Treatment." Recovery Research Institute, July 28, 2020. <https://www.recoveryanswers.org/research-post/vocational-fitness-program-residential-sud-treatment/>, 07.



# FUTURE RESEARCH OVERVIEW WITH FLOURISHING LIFE TECH



To better understand and improve the effectiveness of Terminator's transformational approach to support individuals battling addiction and mental health issues, Dr. Wayne Hammond from Ambrose University, has been asked to perform an in-depth research study. In this research initiative, the intent is to assess the effectiveness of an activity-based recovery therapy program tailored for individuals experiencing mental health and addiction issues. The activity-based recovery therapy program, which incorporates physical, creative, and therapeutic activities, aligns with the strengths perspective by focusing on participants' unique capabilities and resources. The pre-program strengths survey will gauge participants' baseline strengths, challenges, and well-being. Mid-program assessments will track their

progress and engagement with the program, while the post-program survey will measure their overall outcomes, improvements in mental health and addiction recovery, and the extent to which their identified strengths were leveraged during the process. By using a pre, mid, and post-program strengths-focused survey, the program can pinpoint specific strengths that contribute to recovery and monitor the growth fostering changes over time. The findings will guide program improvements and help coaches and counselors tailor interventions to better suit participants' individual strengths, ultimately leading to more effective and personalized support for mental health and addiction recovery and sustainable post-program success. The intent is to publish the unique findings of this research initiative for other addiction and mental health programs to look to as part of their evolving best practice.

**- DR. WAYNE HAMMOND**

## COHORTS FROM SEP 2022 - AUG 2023

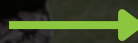
ATHLETES REGISTERED IN THE PROGRAM



ATHLETES COMPLETING THE PROGRAM



**OUR PROGRAM  
COMPLETION RATE  
OVER THE PAST YEAR**



# 74%

# ATHLETE

Joining The Terminator Foundation has had an immense impact on my life, and I cannot emphasize enough how this program has played an important role in my journey of recovery and in my personal growth. When I first entered this program, I was in a dark place—emotionally wounded, shattered, and completely new to the world of recovery. I lacked self-awareness, self-confidence, and direction. However, since becoming a part of The Terminator Foundation, not only have I successfully maintained sobriety and regained my physical health, but I have also discovered my self-worth and developed a newfound belief in my abilities to achieve greatness.

The Terminator Foundation provided a safe haven that not only saved my life but also nurtured my spirit. Within this program, my voice was not only heard but also valued. It became a space where I could express my thoughts, feelings, and fears without judgment. The team at The Terminator Foundation recognized the importance of my individual journey and created an environment where my growth and progress were prioritized.

One of the most significant aspects of The Terminator Foundation is the strong sense of connection and community it fosters. I am not just a member of a team; I am part of a cohort that genuinely cares about each other's well-being. The coaches, who go beyond their roles as mere guides, have become mentors and an unwavering support system for me. Knowing that they are always there for me, ready to lend a listening ear or offer guidance, has been invaluable in my recovery.

Being a part of The Terminator Foundation has not only allowed me to rebuild my life but has also enabled me to embark on a journey of self-discovery on a level I never thought possible. The program's coaches have provided profound insights into my innermost self, helping me uncover layers of my identity and untapped potential. Through their guidance, I have gained a deeper understanding of who I am and have developed the tools necessary to set goals, dream big, and overcome obstacles.

The impact of The Terminator Foundation will forever be ingrained in my life. I am filled with immeasurable gratitude for the program and all those involved. No amount of words can fully express the profound influence it has had on my recovery, self-worth, and personal transformation. I wholeheartedly believe that everyone should have the opportunity to experience the life-changing effects of this program, and I will always advocate for The Terminator Foundation and the incredible work it does.

Thank you for believing in me, when I didn't.

Love and Lite,  
Trina

# TRINA

# VOICES

I have prepared a brief account of my time with the Terminator Foundation and the benefits that I now possess because of my experience with the foundation. I started with Terminator on January 9th, 2023 and I was an athlete until August 25th, 2023. In that time frame, I did a ten-mile tri at MRP, two sprint triathlons, and a super sprint triathlon in Strathmore. At that time I had an eighty-five percent attendance rate so I definitely got a wide range of experiences to draw from.

Recovery encompasses many aspects of the human psyche and while yes Terminator addressed the physical side of recovery, to my surprise it also provided spiritual, mental, and social benefits. Some words on the obvious, the physical transformation has been beyond anything I could have anticipated, I didn't realize how damaged my body was after three decades of substance abuse. I really started reconnecting with my body again. The first thing I noticed was a boost to my energy levels, I am a new man. I look and feel so much younger than I did a year ago. I have the freedom of mobility I haven't had in decades.

Spiritually I have a strong sense of purpose in my life. I now focus on the positives. Terminator supported me to be the best possible me, teaching me to face my fears, to be courageous, and, in turn, I got to show the world what I am capable of. It's physical proof that I am capable of so much more than anyone realizes. Exercise has become an intimate connection to me and my higher power. I find I get into a meditative state and everything slows down and becomes clearer.

The mental benefits for me personally are the most rewarding. My mind is quiet today, my focus is sharpened. I found that while in training I was in a loop of creative thinking and my obsessions were miles away. I learned to relax into my workouts, and that has translated into my day-to-day problem-solving skills. They are drastically improved. I am more composed and relaxed, and I face stress constructively, no more sabotage. Terminator has taken my weaknesses and transformed them into strengths. My fears and doubts are not so loud, my inner voice tells me I am worth it again, and my emotions and my motivation have experienced a transformation. I now can say I have mental resilience and mental equanimity.

The social benefits are my favorite part. Learning how to laugh again sober, and developing sober social connections once was a foreign thought until Terminator. The camaraderie was infectious, my courage and determination have inspired others around me. I have set an example. I am involved in positive social settings now. I have learned through this experience that I am capable of so much more than I could ever have dreamed of. I am now a very driven, giving, and compassionate man. I have real empathy again, my purpose is now focused on my community and how I can make a difference with my newly found confidence and optimism. Taking a chance on myself was the bravest thing I ever did! Thank you Terminator!

Forever grateful,  
Curtis

# CURTIS

# OUR TEAM

We have a team of passionate individuals, who together, offer a holistic approach to addiction recovery using coaching, nutrition coaching, and physiotherapy, as well as provide therapy and mental health resources to our athletes.



**VANISHA BREAUT**  
FOUNDER & CEO



**MARY JESSEY**  
PROGRAM DIRECTOR



**LLEW EDWARDS**  
ASSISTANT PROGRAM  
DIRECTOR & SENIOR TRAINER



**EDEN ERICKSEN**  
PROGRAM COORDINATOR  
& RECOVERY COACH



**ANDREW "AJ" JENKINS**  
PROGRAM ASSISTANT/  
RECOVERY COACH



**AIMEE PHILPOTT**  
RECOVERY COACH



**LOCHLIN MCLELLAN**  
TRAINER



**ANDREW GIBSON**  
RECOVERY COACH



**PAIGE OLMSTEAD**  
COMMUNICATION  
COORDINATOR



**ELEANOR REIMER**  
BOOKKEEPER

# HIGHLIGHTS

We are at the highest point we've been since 2017. Congratulations to everyone!

## 2022

### BECAME A FEDERALLY REGISTERED CHARITY

15 months ago, on July 18, 2022, Terminator Foundation became a Registered Charity. Earning our status wasn't just a stamp of approval, it was a testament to our dedication, passion, and the genuine change we're striving to make in the world of mental health and addiction recovery. It means our journey has just become wider, deeper, and even more impactful.

### HIGHEST NUMBER OF ATHLETES

We welcomed our highest number of athletes ever. Each individual, with their unique stories and resilience, has embarked on a transformative journey of recovery and rediscovery. Their courage reminds us daily why we do what we do.

## 2023

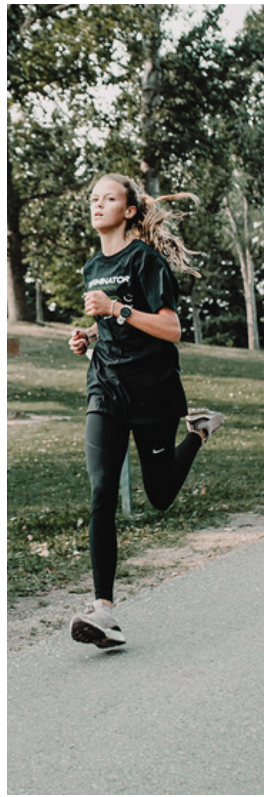
### SUBSTANTIAL ORGANIZATIONAL GROWTH

What started as a passionate dream has grown into a thriving community. This year, we expanded our team with individuals who share our fire and vision. Each member brings fresh energy, ideas, and determination to help our athletes realize their potential. Our strength lies in our unity, and this growth signifies a brighter future for all those we serve.

### DEVELOPED A PROGRAM CURRICULUM

Understanding that a one-size-fits-all approach doesn't cut it, this year we poured our expertise and experience into developing a robust program curriculum. Tailored to resonate, challenge, and empower, this curriculum is our blueprint to ensure every athlete gains the tools and insights needed to embrace their journey with vigor and determination.





# EVENT SUCCESSES

## 2022

### TERMINATOR RUN 2022

An incredible turnout for the Terminator Run 2022! Over 250 runners joined us, helping raise more than \$30,000. Every stride taken was a testament to strength and solidarity.

### MATCHING CAMPAIGN

Our first matching campaign was a roaring success! Together, we raised over \$30,000. Big thanks to everyone who stepped up—whether by donating, spreading the word, or simply cheering.

## 2023

### TERMINATOR RUN 2023

Together, we raised a total of \$66,400. These funds will play a crucial role in advancing our mission, offering hope, support, and resources to those on their recovery journey. The Terminator Run 2023 wasn't just an event; it was a testament to the strength of a united community. The success of this event is a reflection of your dedication, belief, and the profound impact we can make when we come together.

### CONCERT IN THE COUNTRY 2023

Concert in the Country was a massive success! Thanks to your generous support, we were able to accomplish so much! Our live and silent auctions were a hit, featuring an array of unique items generously donated by local businesses and supporters. In total, we raised an impressive \$11,500 for the Terminator Foundation and to further support our mission!

# THE FUTURE

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## GOALS

The foundational objectives for The Terminator Foundation are to:

- Shift societal perceptions and dialogues around addiction and mental health, ensuring everyone has access to the tools for sobriety, no matter where they are on their addiction journey.
- Cultivate innovative therapeutic experiences through our ABRT Program, enabling individuals and families to acquire the strength, skills, resilience, and understanding they need when confronting addiction or mental health challenges.
- Forge strategic alliances that bolster the availability of our unique recovery model, expand awareness, and empower individuals to embark on a transformative journey toward better mental well-being.

## ALUMNI PROGRAM

Terminator Foundation is proud to recognize the wonderful work that our program's Alumni have been doing in the fitness and recovery community. The next year will be an exciting time for the Terminator Alumni as they will start being more active as an important part of the support that we will offer after the completion of our 12-week program. The Alumni family will start planning events, get together, and fitness-based activities that will invite current and former athletes to come together and celebrate the positive change that they have experienced and continue to have in their lives. We encourage all Alumni to watch for these events soon and to reach out to us at any time. We love to hear the stories of success and, of course, we are always available to support our athletes, past and present.

## PROGRAM EXPANSION

In 2024, our horizon is wider than ever. We're set to welcome more individuals into our transformative program. Our mission to champion recovery is growing, and we're committed to reaching even more people in need of our support.

## TERMINATOR RUN 2024

The Terminator Run 2024 promises to be bigger and more impactful than any we've had before. We aim to bring together a broader community, inspiring stories of recovery, and activities that resonate with our mission. As we revel in our past accomplishments, we are also casting a strategic vision forward, laying the groundwork for the next ten years. Our aspiration is to deepen our impact, expand our reach, and continually innovate in our approach to supporting individuals and families affected by addiction.

## CONCERT IN THE COUNTRY 2024

We are thrilled to announce the continuation of our treasured tradition: Concert in the Country 2024. This event has become a symbol of unity, music, and community spirit. We're proud to partner once again with the Calgary Police Service (CPS) in our mission to offer an event that resonates with the soul of our community. With each passing year, we aim to elevate the experience, infuse more local talent, and strengthen the bond that this gathering celebrates.

# OUR COLLABORATORS, STAKEHOLDERS & PARTNERS

Behind every step we take at Terminator Foundation, there's an incredible network of collaborators, partners, and stakeholders. These are the organizations and individuals who amplify our mission, believing steadfastly in our approach to recovery.

Alpha House Calgary  
Aventa Centre of Excellence for Women with Addictions  
BGC Canada  
Bow Valley College  
Calgary Drug Treatment Court  
Calgary Mustard Seed  
Calgary Police Service  
Calgary Silkscreen  
Canyon Meadows Aquatic & Fitness Centre  
Community Now Magazine  
Decathlon Calgary  
EHN Canada  
Flourishing Life Technologies  
Fresh Start Recovery Center  
Gord's Running Store  
Government of Alberta  
Hull Services  
Loblaws  
Lynx Triathlon  
Mount Royal University  
Oxford House  
PeopleWise Solutions  
RAAM (Rapid Access Addiction  
Medicine)  
Recovery Acres (1835 House)  
Renfrew Recovery  
Detoxification Centre  
RESET Society of Calgary  
Run Calgary  
Simon House  
Strides Running Store  
The Alex  
The Newly Institute

## A SPECIAL THANKS

Alberta Ministry of Mental Health & Addiction  
Calgary Elite Roofing  
Centaur Subaru  
Commodore Solutions  
Christian Life Assembly  
Crystal Creek Homes  
Monster Painting & Renos  
Platinum Racing  
Ridley's Cycle  
Sargeant Stacy McKinnon  
Soko Marketing





# OUR BOARD

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**JACK TOTH**  
BOARD CHAIR



**DEREK D. FRASER, CFRE**  
VICE CHAIR



**DEBBIE TOWNS**  
TREASURER



**DANIEL LAWRENCE-  
LOPEZ**  
DIRECTOR



**LINDSEY WITZEL**  
SECRETARY

## LETTER FROM THE BOARD CHAIR

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On behalf of the Terminator Board of Directors, it is an honour to thank each of you who are a part of the Terminator Foundation's continued growth.

Organizations aspiring to achieve great things require:

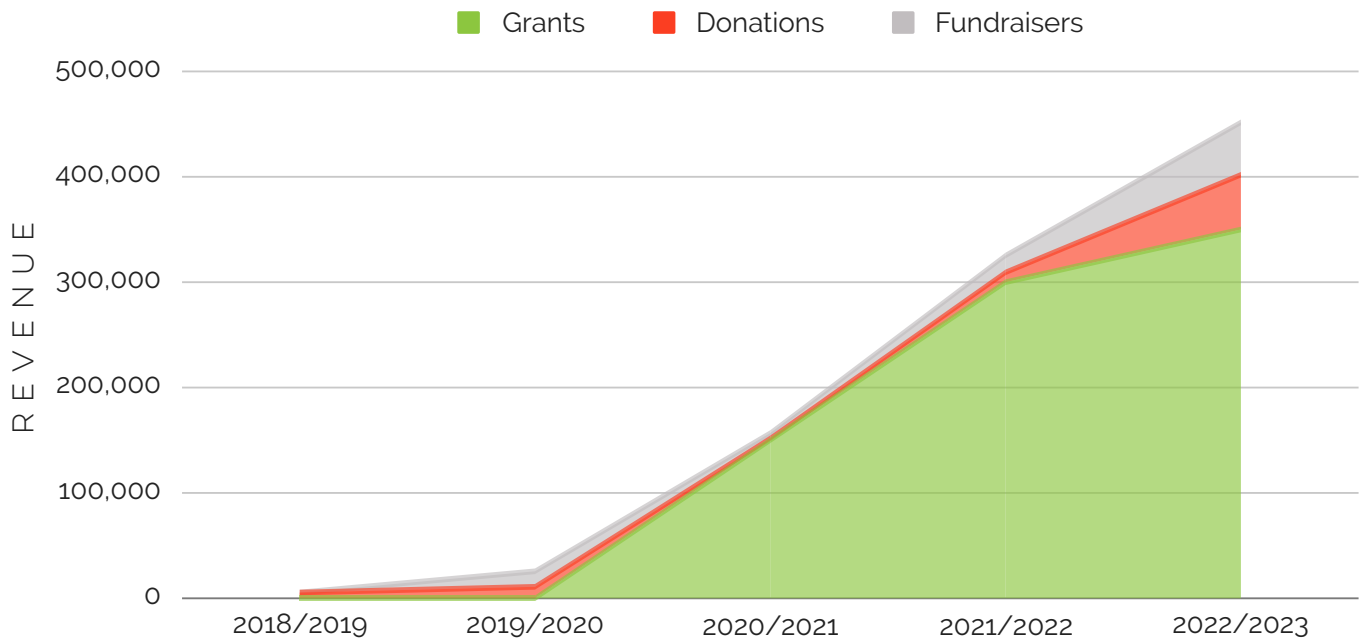
Passionate leadership: Vanisha and the Terminator team are dedicated to bringing hope, vitality, purpose, and success to those who often have given up. Vanisha and team, thank you for your daily investment in others. Your sacrifice is transforming the story

of individuals, families, and communities.

Committed supporters: Whether you have supported Terminator for years or days, thank you for making the Terminator Vision possible. Without you, we would miss the inspiring stories of success and experience continued stories of tragedy.

To those learning of the Terminator Foundation for the first time, we invite you to join this growing movement, transforming hopelessness into destiny.

- **JACK TOTH**



## FINANCIAL STATEMENTS

	May 31 2023	May 31 2022 (Unaudited)	June 1 2021 (Unaudited)
<b>ASSETS</b>			
<b>CURRENT</b>			
Cash	\$ 287,031	\$ 236,424	\$ 110,600
Accounts receivable	17,000	-	-
Goods and services tax recoverable	1,458	-	-
Prepaid expenses	2,639	-	-
Due from related parties	-	-	2,848
	<b>308,128</b>	236,424	113,448
<b>LONG TERM INVESTMENTS</b>	<b>1,500</b>	1,500	-
	<b>\$ 309,628</b>	\$ 237,924	\$ 113,448
<b>LIABILITIES AND NET ASSETS</b>			
<b>CURRENT</b>			
Accounts payable	\$ 22,306	\$ 10,057	\$ 10,089
Employee deductions payable	7,220	-	-
Due to related parties	21,528	15,528	-
Callable short-term debt	-	-	8,450
Deferred income	291,667	250,000	125,000
	<b>342,721</b>	275,585	143,539
<b>NET DEBT</b>	<b>(33,093)</b>	(37,661)	(30,091)
	<b>\$ 309,628</b>	\$ 237,924	\$ 113,448

ON BEHALF OF THE BOARD  
  
 Director  
  
 Director

	<b>2023</b>	2022 (Unaudited)
<b>REVENUES</b>		
Government grant	\$ 308,333	\$ 175,000
Donations	51,929	14,339
Sponsorships	42,579	2,718
Race registration fees	5,804	7,130
Conference fees	2,350	9,547
Sales	1,386	1,182
Miscellaneous income	385	-
	<u>412,766</u>	<u>209,916</u>
<b>EXPENSES</b>		
Salaries and wages	211,615	112,574
Training	83,978	37,894
Professional fees	24,687	13,773
Equipment	23,588	6,637
Supplies	19,587	21,505
Rental	15,500	3,000
Advertising and promotion	13,833	12,948
Office	3,138	-
Other events	3,116	1,805
Travel	2,541	4,022
Interest and bank charges	1,589	166
Meals and entertainment	1,466	1,592
Memberships	1,393	-
Insurance	1,292	1,060
Telephone	875	510
	<u>408,198</u>	<u>217,486</u>
<b>EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES</b>	<b>\$ 4,568</b>	<b>\$ (7,570)</b>

	May 31 <b>2023</b>	May 31 2022 (Unaudited)
<b>NET DEBT - BEGINNING OF YEAR</b>	<b>\$ (37,661)</b>	<b>\$ (30,091)</b>
Excess (deficiency) of revenues over expenses	<u>4,568</u>	<u>(7,570)</u>
<b>NET DEBT - END OF YEAR</b>	<b>\$ (33,093)</b>	<b>\$ (37,661)</b>

# TERMINATOR

FOUNDATION



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